


# SINGLE STATIONS

## SPECIFICATIONS

Frame Color	Industrial Silver
Warranty	12 Years Frame, Welded Parts, Weight Stacks
	3 Years Moving Parts
	1 Year Labor
	6 Months Upholstery, Pads, Grips, Weight Pins

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## FEATURES & BENEFITS

Optimal Strength Curve Technology Provides Smooth Resistance And Proper Muscle Loading Through Entire Range Of Motion

Quality Construction Using Heavy Duty Cabling, Industrial Grade Steel Tubing, Stainless Steel Kick Plates & Powder-Coated Finish.



Optimal Strength Curve Technology™ ensures smooth resistance and proper muscle loading through the entire movement.



**LAT PULLDOWN**

Dimensions 58" L x 22" W x 82" H

Model HF-NSSLATP



**VERTICAL CHEST**

Dimensions 55" L x 55" W x 57" H

Model HF-NSSVC



**LATERAL RAISE**

Dimensions 34" L x 46" W x 57" H

Model HF-NSSLR



**LOW BACK**

Dimensions 54" L x 48" W x 57" H

Model HF-NSSLB



**COMPOUND ROW**

Dimensions 76" L x 22" W x 72" H

Model HF-NSSCR



**BICEP/TRICEP COMBO**

Dimensions 60" L x 22" W x 72" H

Model HF-NSSBCTE



**LEG EXT/LEG CURL COMBO**

Dimensions 66" L x 47" W x 57" H

Model HF-NSSLELC



**ABDOMINAL/BACK COMBO**

Dimensions 56" L x 42" W x 57" H

Model HF-NSSABLB



**ABDOMINAL**

Dimensions 47" L x 38" W x 57" H

Model HF-NSSAB



**LEG EXTENSION**

Dimensions 54" L x 47" W x 57" H

Model HF-NSSLE



**LEG CURL - SEATED**

Dimensions 66" L x 47" W x 57" H

Model HF-NSSLC



**OVERHEAD PRESS**

Dimensions 55" L x 50" W x 57" H

Model HF-NSSOP



**LEG PRESS**

Dimensions 70" L x 47" W x 72" H

Model HF-NSSLP



**HIP ABDUCTION/ADDUCTION**

Dimensions 65" L x 29" W x 57" H

Model HF-NSSAA