


# SINGLE STATIONS

## SPECIFICATIONS

Frame Color Industrial Silver

Upholstery Color Charcoal (Other Colors Available)

Warranty 12 Years Frame, Welded Parts, Weight Stacks  
3 Years Moving Parts  
1 Year Labor  
6 Months Upholstery, Pads, Grips, Weight Pins

Manufactured in the U.S.A. 



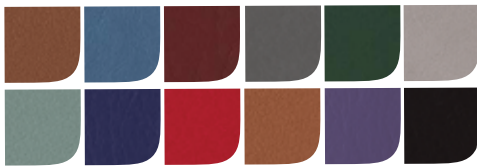
## FEATURES & BENEFITS

Easy To Use - Select Weight With The Turn Of An Aluminum Dial

Superior State-of-the-Art Bio-Mechanics

Easy To Read Instructional Placard & Graphic Demonstrates Exercises

SAFE - Fully-Exposed Weight Stack - No Weight Select Pin Required



Customize upholstery colors to the color scheme of your property. Contact your sales representative for details!



**BICEP CURL**

Dimensions 45" L x 41" W x 5" H

Model HF-NPSBC



**TRICEP EXTENSION**

Dimensions 44" L x 34" W x 53" H

Model HF-NPSTE



**LATERAL RAISE**

Dimensions 37" L x 55" W x 59" H

Model HF-NPSLR



**PEC FLY**

Dimensions 37" L x 60" W x 60" H

Model HF-NPSPF



**SHOULDER PRESS**

Dimensions 41" L x 57" W x 58" H

Model HF-NPSSP

# SINGLE STATIONS



**MID ROW**

Dimensions 38" L x 62" W x 54" H

Model HF-NPSMR



**ABDOMINAL CRUNCH**

Dimensions 42" L x 41" W x 54" H

Model HF-NPSABC



**LOW BACK**

Dimensions 38" L x 56" W x 54" H

Model HF-NPSLB



**LEG CURL**

Dimensions 36" L x 56" W x 54" H

Model HF-NPSLC



**HIP ABDUCTION/ADDUCTION**

Dimensions 31" L x 60" W x 57" H

Model HF-NPSAA



**LEG EXTENSION**

Dimensions 36" L x 55" W x 54" H

Model HF-NPSLE



**LEG PRESS**

Dimensions 39" L x 75" W x 67" H

Model HF-NPSLP



**LAT PULLDOWN**

Dimensions 30" L x 73" W x 89" H

Model HF-NPSLATP



**CHEST PRESS**

Dimensions 39" L x 57" W x 72" H

Model HF-NPSCP