

CORE LEAN™



FEATURES & BENEFITS

Great Abdominal Crunch: This Core Lean™ engages your abdominal core and lower back for intense muscle activation.

Dual Ergonomic Support Pads: Dual ergonomic support pads provide a comfortable workout and maximum stability.

Resistance Band Training: The Core Lean™ can be used with resistance bands for taking workouts even further. Simply attached a resistance band to the welded handlebar.

Industrial Design: Featuring powder-coated steel and high quality upholstery, the Ab Lean is built to last.

Light Weight & Easy To Use: The Core Lean™ is light weight and includes a transport handle and transport wheels for easy placement and movement.

Very Space Efficient: The Core Lean™ features a small footprint, maximizing valuable floor space.

Instructional Placard: The Core Lean™ features an easy-to-use instructional placard.



**Abdominal &
Back Bench**

SPECIFICATIONS

ITEM: HF-HFXBK

Item	HF-HFXBK	Dimensions	61" x 30"
Product Weight	79 lbs.	Core Lean™ all rights reserved	
Warranty	30 Years Frame 6 Months Upholstery		