

TYPE › cardio

MODEL › FM-EX2506P w/ Workout TV

OPTION › FM-EX2256P w/ basic console



# HOTEL FITNESS®

The World's Leader In Hotel & Resort Fitness®

Taking comfort to a new level, the FreeMotion Recumbent Bike features an ultra-comfortable seat and wide, easy-to-reach accessory trays so users can keep their water bottle, mp3 player and anything else they need at their finger tips..

## FEATURES & BENEFITS

**Step-Through Design** › Sleek design with low frame pole allows for easy entry/exit of the machine, convenient for all and ideal for seniors and the deconditioned.

**Seat Adjustment** › Sliding seat with detents allows users to simply lift a lever, slide the seat to the proper position and push the lever to lock in place.

**QuickTouch Resistance** › Adjust resistance from 1 to 10 by simply touching a button, or scroll through 20 resistance levels in 0.5 increments.

**ERS™** › Custom designed ERS (Electromagnetic Resistance System) applies consistent resistance to the wheel and generates power to the Basic Console.

**Belt Drive System** › Featuring the self-tensioning, precision Flexonic® belt, the drive system requires no idler pulley for less maintenance, keeps pedal motion smooth, and dramatically reduces noise.

**Heart Rate** › Pulse information can be displayed on the console via contact sensors or Polar® compatible wireless telemetry.

**Cranks and Bearings** › The 3-piece crank assembly and bearings are forged, machined and sealed for durability and to protect against corrosion.

**Pedal Assembly** › The extra-wide pedals are self-leveling and feature polymer toe straps for secure foot placement.

SPECS › FM-EX2506P Recumbent

MODEL › FM-EX2506P (w/ Workout TV), FM-EX2256P (Basic Console)

Dimensions	67" x 28"	H.R. Monitoring	Hand Grip & Wireless Heart Rate
Product Weight	212 lbs. (96 kg)	Safety	Step-Through Design, Safe Entry/Exit
Resistance	0.5 to 10, Scrolling in 0.5 increments for 20 levels	Display Type	24 Character Alphanumeric Display
Programs	Cardio, Pulse, Manual, Random, Interval, Quick Start, Foothills, Peaks, All-terrain	Power Req.	Self Powered, Workout TV Requires Included 12 Volt Wall Transformer
Max User Weight	350 lbs.	Regulatory Approvals	